

BREAKFAST TILL 11:30

PLEASE ORDER AT COUNTER

House Granola 16

w/ fresh fruit, coconut yogurt & milk of your choice (alternate mylk +1) v GF

Coconut Quinoa Protein Porridge w/ berries v GF 16

Chia Almond Oats w/ Rhubarb Apple Compote v GF 16

Buttermilk Pancakes 18

w/ maple syrup, ice cream, fresh fruit + persian floss

Add bacon +5

Avocado Smash 18

smashed avocado, house marinated persian feta, pickled radish + poached egg

Add bacon +5 salmon gravlax +5 jack fruit +5

Eggs Benedict Bacon 18 Salmon Gravlax 19 Mushroom 17

two poached eggs with yuzu hollandaise on sourdough

choice of one - maple bacon, smoked gravlax salmon or braised mushrooms

add miso chilli tomato salsa +3

Miso Chilli Eggs 18

two poached eggs, miso chilli tomato salsa, spinach, persian feta on rye sourdough

Add bacon +5 salmon gravlax +6

Brisket Chilli Eggs 23

*two poached eggs, 12-hour brisket, miso chilli tomato salsa, spinach, persian feta on toasted pita bread
(vegetarian jack fruit version available 21)*

Eggs Your Way 12

two eggs poached, scrambled, sunny side or over easy

one toasted sourdough, rye, white or multigrain

gluten free or house life bread GF +2

or spinach NO toast

Add extras +

Omelette Your Way 13

three egg omelette w/ one toasted sourdough, rye

gluten free or house life bread GF +2

or spinach NO toast

Add extras +

Toast 7

Two pieces sourdough or rye w/ butter, vegemite, peanut butter, nutella, jam or honey

Gluten Free or GF house made life bread +2

Add extras +

Bacon \$5 Brisket \$6 Salmon Gravlax \$6 Ham \$4 Chicken \$5 Chorizo \$5 Beef Patty \$5
Jack Fruit \$5 Halloumi \$4 Extra Egg \$3

Avocado \$5 Mushrooms \$4 Burnt Broccoli \$4 Tomato \$3 Spinach \$3 Sweet Potato \$3
Pimentos \$3

Miso Chilli Tomato Salsa \$3 Hollandaise \$4 Carolina BBQ \$2 Tasty Cheese \$2
Persian Feta \$4 Goats Cheese \$5

ALL DAY MENU

PLEASE ORDER AT COUNTER

Bacon & egg brekkie burger 9 Mushroom & egg 9 GF bun +2
w/ aioli & carolina bbq

Bacon & two egg pita wrap 10 Mushroom & two egg 10
w/ aioli & carolina bbq

Chicken Protein Bowl 18
grilled chicken w/ rocket, sweet potato, quinoa, toasted almonds, sunny side egg & furikake

Salmon Gravlax Bowl 20
salmon gravlax w/ avocado, pimentos, spinach, sunny side egg & lemon dressing

Vegan Broccoli Bowl 17
charred broccoli, spinach, rocket, black rice, pimentos & sweet potato

Grilled Chicken Spiced Nut Salad 17
grilled chicken, rocket, house slaw, cherry tomato, spiced nut crunch w/ citrus dressing

Poached Salmon Avocado Bowl 20
Salmon, avocado, cherry tomato, rocket, slaw w/ spiced yuzu dressing

Croissant house baked daily 5
add butter, vegemite, peanut butter, nutella, jam or honey +1
OR build your own croissant add ingredients +

Sandwiches fresh or toasted
White or multigrain / Gluten Free or Life Bread Add +2 / Sourdough or Rye Add +3 (large sandwich)

Ham & cheese 7

Ham, cheese & tomato 9

Chicken pesto, feta, rocket & aioli 10

Salmon gravlax, goats' cheese, rocket & aioli 10

Build your own sandwich 4
White or multigrain / Gluten Free or Life Bread Add +2 / Sourdough or Rye Add +3 (large sandwich)
Add ingredients +

*Bacon \$5 Brisket \$6 Salmon Gravlax \$6 Ham \$3 Chicken \$5 Chorizo \$5 Beef Patty \$5 Jack Fruit \$3 Halloumi \$4 Fried Egg \$3
Scrambled Eggs \$4*

Avocado \$4 Mushrooms \$2 Fresh Tomato \$1 Spinach \$1 Sweet Potato \$2 Pimentos \$2

Carolina BBQ \$1 Aioli \$1 Tasty Cheese \$1 Persian Feta \$3 Goats Cheese \$3

LUNCH 11:30AM TILL 2PM

PLEASE ORDER AT COUNTER

Grilled beef cheeseburger w/ house pickles 10

Jack fruit burger w/ slaw & vegan cheese 18

Grilled chicken burger w/ bacon, avocado, rocket & house aioli 16

Fried katsu chicken burger w/ tomato, slaw, aioli & jack cheese 16

Double beef & bacon burger w/ tomato, rocket & jack cheese 18

12 hour pulled brisket burger w fresh tomato, slaw, carolina bbq sauce & jack cheese 18

Grilled chicken gyros w/ feta, rocket, lemon aioli & handful of fries wrapped in Greek pita 15

Fish burger w/ house pickles, rocket & aioli 14

Beer battered flathead & Chips w/ side salad & yuzu aioli 20

Kricket burger 20

12 hour brisket & fried katsu chicken w/ fresh tomato, slaw, aioli & jack cheese

Side Salad 6

Small Fries 6

Large Fries 8

Cheese Loaded Fries 11

Add Brisket +6 Bacon +5 Chicken +5 Jack Fruit +5 Sriracha & pickle chilli +1

Chicken & creamy rocket pesto pasta w/ cherry tomato 16

Bacon & mushroom creamy Pasta 16

Soba noodles w/ sweet potato, edamame, shitake & maitake coconut cream 17

Vegan GF

WE THANK YOU FOR UNDERSTANDING THAT WE ARE NOT ABLE TO ALTER OR SUBSTITUTE INGREDIENTS ON THE MENU

OUR CREW ARE HAPPY TO HELP WITH SUGGESTIONS SHOULD YOU HAVE SPECIFIC DIETARY OR ALLERGY REQUIREMENT

DRINK MENU

COFFEE

Espresso / Double	3.3 / 3.8
Long Black / Double	4.5 / 5
Macchiato / Double	3.8 / 4.3
Piccolo Latte	3.8
Magic	4.8 °
Flat White	4 / 5 °
Latte	4 / 5 °
Cappuccino	4 / 5
Mocha	4.3 / 5.3
Bulletproof	7 ° °

HOT DRINKS

Hot Chocolate	3.8 / 4.8
Masala Vegan Chai Latte	5
Turmeric Honey Latte	5
Matcha Vanilla Latte	5

TEA

English Breakfast	4.5
Earl Grey	
Green Tea	
Peppermint	
Lemongrass Ginger	°
Rooibos Crimson Punch	°
Fresh Masala Chai	5 °

Sparkling Water
(unlimited)

4

WINE

House White Wine	8
House Red Wine	8

SMOOTHIES on coconut water 9

Add Vegan Protein Vanilla or Chocolate + 2

Add alternative Milks + 1.5

Green Machine

Mango, kale & spinach greens

Berry Blast

Blueberries, strawberries, raspberries & blackberries

Choc Chia

Chocolate, banana, coconut yoghurt, dates, chia & organic cacao nibs

Banana Honey Nut

Banana, honey & nut butter

Mango Passion

Mango, passionfruit & ruby grapefruit

Avocado Goodness

Avocado, banana, spinach & coconut yoghurt

COLD DRINKS

Iced Latte	5.5
Iced Long Black	5
Iced Spiced Chai	5.5
Iced Chocolate + ice cream	7
Iced Turmeric Honey	5.5
Iced Matcha Vanilla	5.5
Iced Mocha	5.5

HOUSE COLD BREW

Still or Sparkling Milk	5 °
	5.5

EXTRAS

Lactose Free	.5
Bonsoy	.5
Milklab - Almond /	1
Macadamia / Coconut	1
Caramel / Vanilla / Maple	1 °
	°
Ice Cream	1/2

MILKSHAKES

\$7

Chocolate / Vanilla /
Strawberry / Caramel /
Espresso